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About the Author Velda L. Largen was a high school home economics teacher and department head in Missouri. During her career she developed a World Foods course, which later inspired her to write the Guide to Good Food text and its supplements.

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### **CONTENTS: Food and Nutrition**

Guide To Good Food Workbook Answers Chapter 3 Activities review culinary terminology and chapter content. The workbook also helps students apply what they have learned as they buy, prepare, and store foods. A wide variety of activities are provided for various learning styles. The text provides the information students will need to

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